

PARTICIPATE IN RESEARCH

Information for Prospective Participants

The following research activity has been reviewed via QUT arrangements for the conduct of research involving human participation. If you choose to participate, you will be provided with more detailed participant information, including who you can contact if you have any concerns.

Starting Solids Study

Research Team Contacts

Nicole Murray – PhD Candidate

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Please contact the researcher team members to have any questions answered or if you require further information about the project.

What is the purpose of the research?

The purpose of this research is to learn about the experiences of first time mothers introducing solids, what influences their decision to start and where they go for information and support.

Mothers these days are faced with many choices about when to start solids, how to start and what to feed. Quite often they receive different information from many sources, which can cause much confusion and make choices difficult. It is important that mothers receive the right information about introducing solids so that they can provide their baby with the best nutrition for growth and development. It is anticipated that the results of this study will be used to design interventions and programs to support mothers during this important nutritional period.

Who is funding this research?

This project is not funded.

Are you looking for people like me?

The research team is looking for first time mothers aged 18 years or over, with infants aged 6-12 months.

What will you ask me to do?

Your participation will involve taking part in a group based discussion, or a one to one interview, depending on your preference. The researcher is very flexible with times and location, the priority is to make it easy for you to participate.

During the discussion you will be asked questions about your experiences of introducing solids, the influences on your decision to start, and the sources of information that you find the most useful. The discussion should take about 30-60 minutes.

Are there any risks for me in taking part?

The research team does not believe there are any risks for you if you choose to participate in this research. The only inconvenience you should experience is the use of your time.

It should be noted that if you do agree to participate, you can withdraw from participation at any time during the project without comment or penalty.

Are there any benefits for me in taking part?

You may not directly benefit from being involved in this study. By participating in a group based discussion you may learn some new information about feeding your baby from other mothers in the group. If you are interested, an information pack about feeding your baby will be sent to you at the completion of the study.

The results of the study will benefit the wider community by creating ways to best support first time mothers, similar to you, in making infant feeding decisions that provide their baby the best nutrition for growth and development.

Will I be compensated for my time?

To compensate you for your contribution, should you choose to participate, the research team will provide you with refreshments during the discussion or interview.

I am interested – what should I do next?

If you would like to participate in this study, please contact Nicole Murray (contact details listed above) if you have any questions, or to receive details about the next step.

You will be provided with further information to ensure that your decision and consent to participate is fully informed.

Thank You!

Office of Research Use Only

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